



Name: _____
Last, First, Middle Initial

SC School Nursing Skills & Knowledge Self-Assessment (RN)

Use this form to assess your experience, knowledge and skills in areas that are important to school nursing practice. Assessment findings can be used to assist you with developing your personal professional development plan.

Rate your skill level or knowledge using the following guidelines:

- 1 – No experience / knowledge
- 2 – Limited experience / knowledge
- 3 – Proficient experience / knowledge

- 4 – Mastery experience / knowledge
- 5 – Mastery experience / knowledge and able to teach and supervise others

KNOWLEDGE					
ADD/ADHD Management*	1	2	3	4	5
Asthma Management*	1	2	3	4	5
Bloodborne Pathogens	1	2	3	4	5
Board of Nursing Advisories & Position Statements	1	2	3	4	5
Cerebral Palsy Management*	1	2	3	4	5
Childhood Immunizations	1	2	3	4	5
Common Childhood Diseases	1	2	3	4	5
Comprehensive Health Education Act	1	2	3	4	5
Coordinated School Health Programs	1	2	3	4	5
Diabetes Management*	1	2	3	4	5
Epilepsy Management*	1	2	3	4	5
History of School Nursing	1	2	3	4	5
IDEA	1	2	3	4	5
Local Resources	1	2	3	4	5
Management of Bipolar Disorder*	1	2	3	4	5
Management of Depression*	1	2	3	4	5
Management of Head Lice*	1	2	3	4	5
Normal Physical Assessment (Child & Adolescent)	1	2	3	4	5
Requirements for Student Self-Medication & Self-Monitoring	1	2	3	4	5
SC Nurse Practice Act	1	2	3	4	5
School Exclusion Lists	1	2	3	4	5
School Health Index	1	2	3	4	5
School Nursing Standards of Practice	1	2	3	4	5
Section 504 of the Rehabilitation Act of 1973	1	2	3	4	5
Sickle Cell Disease Management*	1	2	3	4	5
Student Health & Fitness Act	1	2	3	4	5
Substance Abuse Management*	1	2	3	4	5
	1	2	3	4	5
*Management includes knowledge of disease process, treatments, & planning interventions.					

COMMUNICATION					
Communicating Effectively When Challenged	1	2	3	4	5
Communicating with Adolescents	1	2	3	4	5
Communicating with Children	1	2	3	4	5
Disagreeing Diplomatically	1	2	3	4	5
Following a Chain of Command	1	2	3	4	5
Maintaining Confidentiality	1	2	3	4	5
Process for Verbal Orders	1	2	3	4	5
Teaching a Skill / Information to a Child	1	2	3	4	5
Teaching a Skill / Information to an Adult	1	2	3	4	5
Writing Accurate Clinical Notes	1	2	3	4	5
Writing Letters, Newsletter Articles, Health Education Materials (Correct sentence structure, grammar, and reading level)	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
ASSESSMENT					
Abdominal Assessment	1	2	3	4	5
Blood Pressure Assessment	1	2	3	4	5
Circulatory Assessment	1	2	3	4	5
Developing Written Plan of Care Based on Assessment Findings	1	2	3	4	5
Documenting Assessment Findings	1	2	3	4	5
Growth Assessment	1	2	3	4	5
Hearing Assessment	1	2	3	4	5
Neurological Assessment	1	2	3	4	5
Oral Assessment	1	2	3	4	5
Respiratory Assessment	1	2	3	4	5
Vision Assessment	1	2	3	4	5
Vital Signs – Adults	1	2	3	4	5
Vital Signs – Children	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5

MEDICATION ADMINISTRATION					
6 Rights of Medication Administration	1	2	3	4	5
Asthma Inhalers	1	2	3	4	5
Diazepam Rectal Gel	1	2	3	4	5
Ear Instillations	1	2	3	4	5
Epinephrine Auto-injectors	1	2	3	4	5
Eye Instillations	1	2	3	4	5
Glucagon Administration	1	2	3	4	5
Inhaled Medications	1	2	3	4	5
Insulin Administration	1	2	3	4	5
Insulin Pens	1	2	3	4	5
Insulin Pumps	1	2	3	4	5
Intramuscular Injections	1	2	3	4	5
Intravenous Medications	1	2	3	4	5
Medication Assessment / Administration / Monitoring	1	2	3	4	5
Medications Via Gastric Tube	1	2	3	4	5
Nasal Medications	1	2	3	4	5
Nebulizer Treatments	1	2	3	4	5
Oral Medications	1	2	3	4	5
Rectal Medications	1	2	3	4	5
Subcutaneous Injections	1	2	3	4	5
Transcribing Orders	1	2	3	4	5
FIRST AID / EMERGENCY RESPONSE					
Assessment & Development of Emergency Action Plan	1	2	3	4	5
Basic Airway Management	1	2	3	4	5
CPR	1	2	3	4	5
Crisis Management	1	2	3	4	5
Emergency Triage	1	2	3	4	5
First Aid – Anaphylaxis	1	2	3	4	5
First Aid – Bleeding	1	2	3	4	5
First Aid – Dental Injury	1	2	3	4	5
First Aid – Eye Injury	1	2	3	4	5
First Aid – Fracture	1	2	3	4	5
First Aid – Gun Shot Wound	1	2	3	4	5
First Aid – Head Injury	1	2	3	4	5
First Aid – Hypoglycemia	1	2	3	4	5
First Aid – Laceration	1	2	3	4	5
First Aid – Seizure	1	2	3	4	5
First Aid – Suicidal Ideations	1	2	3	4	5
TREATMENTS / PROCEDURES					
Blood Glucose Monitoring	1	2	3	4	5
Carbohydrate Counts	1	2	3	4	5
Dressing Changes (Sterile)	1	2	3	4	5
Gastric Tube Feeding	1	2	3	4	5
Intermittent Catheterization (Clean Technique)	1	2	3	4	5
Ketone Testing	1	2	3	4	5
Positioning of Immobile Patients	1	2	3	4	5
Suctioning – Nasal	1	2	3	4	5
Suctioning – Oral	1	2	3	4	5
Suctioning – Tracheostomy	1	2	3	4	5
Tracheostomy Care	1	2	3	4	5
Vagal Nerve Stimulation (Epilepsy)	1	2	3	4	5

USE & MAINTENANCE OF EQUIPMENT					
AED	1	2	3	4	5
Audiometer	1	2	3	4	5
Automated BP Cuff	1	2	3	4	5
Balance Scale	1	2	3	4	5
Computer	1	2	3	4	5
Copier	1	2	3	4	5
Digital Thermometer	1	2	3	4	5
Fax	1	2	3	4	5
Glucometer	1	2	3	4	5
Manual BP Cuff	1	2	3	4	5
Nebulizer	1	2	3	4	5
Ophthalmoscope	1	2	3	4	5
Oral Thermometer (Not Digital)	1	2	3	4	5
Otoscope	1	2	3	4	5
Peak Flow	1	2	3	4	5
Pulse Oximeter	1	2	3	4	5
Scoliometer	1	2	3	4	5
Stadiometer	1	2	3	4	5
Stethoscope	1	2	3	4	5
RESEARCH					
Literature Review Techniques	1	2	3	4	5
Research Methods	1	2	3	4	5
HELPFUL RESOURCES					
American Academy of Pediatrics and Pickering, L. (2009). Red Book: 2009 Report of the Committee on Infectious Diseases, 28 th ed., Elk Grove Village, IL, author.					
Hootman, J. (2004). Quality Nursing Interventions in the School Setting: Procedures, Models, and Guidelines. National Association of School Nurses.					
Hootman, J., Fratto, J. & Perkins, S. (2002). Responding to Student Injury & Illness. Multnomah Education Service District.					
National Association of School Nurses (http://www.nasn.org)					
National Association of School Nurses (2006). Delegation of Care: Overview for the Registered Nurse Practicing in a School Setting					
National Association of School Nurses & American Nurses Association (2005). School Nursing Scope & Standards of Practice					
School Health Alert (newsletter): order at http://www.schoolnurse.com					
Schwab, N. & Gelfman, M. (2001). Legal Issues in School Health Services: A Resource for School Administrators, School Attorneys, and School Nurses. Sunrise River Press, North Branch, MN					

HELPFUL RESOURCES cont'd

Selekman, J. (2006). School Nursing: A Comprehensive Text. F. A. Davis Company, Philadelphia, PA

Silkworth, C., Arnold, M., Harrigan, J., & Zaiger, D. (2005). Individualized Healthcare Plans for the School Nurse. Sunrise River Press, North Branch, MN

South Carolina Association of School Nurses
(www.scasn.org)

South Carolina Board of Nursing
(<http://www.llr.state.sc.us/POL/Nursing/index.asp?file=laws.htm>)

South Carolina Department of Health & Environmental Control - School Health Services
(<http://www.scdhec.gov/health/mch/wcs/school/index.htm>)

South Carolina Immunization Requirements
(<http://www.scdhec.gov/health/disease/immunization/immunizations.htm>)

South Carolina School Exclusion Lists
(<http://www.scdhec.gov/health/disease/exclusion.htm>)

State Department of Education - Healthy Schools Program
(<http://www.ed.sc.gov/agency/Innovation-and-Support/Health-and-Nutrition/Healthy-Schools/Index.html>)

State Department of Education - Office of Exceptional Children
(<http://www.ed.sc.gov/agency/Standards-and-Learning/Exceptional-Children/>)

State Department of Education - Office of Youth Services
(<http://www.ed.sc.gov/agency/Innovation-and-Support/Youth-Services/index.html>)

State Department of Education - Office of Health & Nutrition
(<http://www.ed.sc.gov/agency/Innovation-and-Support/Health-and-Nutrition/>)

State Department of Education - Office of Public School Choice and Innovation: School-based Health Finance
(<http://www.ed.sc.gov/agency/Innovation-and-Support/Public-School-Choice-and-Innovation/School-Based-Health/Index.html>)

Signature: _____

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